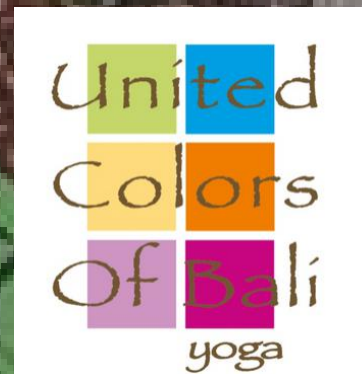


UNITED COLORS OF BALI YOGA

# Our retreats





# TABLE OF CONTENTS

---

1. Discover United Colors Of Bali Yoga
2. Our philosophy
3. Our accommodations
4. Wellness facilities
5. Personalized services
6. Unique experiment
7. Our retreats
8. Our actions
9. Our prices
10. Resort's location
11. Contact us



# 1. DISCOVER UNITED COLORS OF BALI YOGA

United Colors Of Bali Yoga is the optimum area to **unwind**. Near to the ricefields, few steps of the beach, you benefit from a human scale where the **kindness** and the **smile of the staff** plunge you directly into the heart of Bali.

United Colors of Bali has received the **Trip Advisor Certificate of Excellence** 7 years in a row!

This complex is qualified as an **eco-resort** because it is based on a model committed to a **responsible** and **zen environment**.

Also, it's a combination between the discovery of the **local culture**, **new sensations** around well-being (reiki, qi gong, ayurveda), practice of **new disciplines** (yoga, meditation), **traditional treatments** (massages, reflexology) and **new experiences** (surfing, pilates).

## 2. OUR PHILOSOPHY

In keeping with the dynamics of the current movement of **return to basics** and **well-being**, our concept was created with the aim of **rediscovering oneself** and cutting off from tensions and daily stress.

**Our mission** : Introduce you a new way of travel, to live a human experience into the balinese culture.

**COMMITMENT, RESPECT, CARING**

\*Every Body for Yoga Energy\*

# 3. OUR ACCOMMODATIONS

\*maximum capacity of 70 people



## DORMITORY

You have a low budget ?  
Benefits from a personal  
space in a 8 beds  
dormitory.



## BUNGALOW

You're in couple, benefits  
from a double bed  
You're single and you want to  
share your bungalow, you  
benefits from two beds.



## VILLA

You are alone, as a couple or with  
friends you can privatize or share a  
two-bedroom villa.



## SUPERIOR VILLA (JOGLO)

If you are a couple, you have a  
room in a private villa with  
jacuzzi. You are alone and wish  
to share a 2 bedroom joglo. You  
benefit from a private room with  
bathroom and toilet. The rest of  
the villa is to be shared.



## 4. Wellness facilities

---

**Take advantage of our various facilities:**

- 2 yoga areas (100m<sup>2</sup> and 45m<sup>2</sup>) fully equipped: mats, foam blocks, resistance bands, balls, meditation cushions...
- A fitness centre: bodybuilding, cardio training...
- 3 massage areas (capacity of 8 tables).
- A swimming pool 12 X 4,5m.

Possibility of obtaining specific equipment on request.

# 4. PERSONALIZED SERVICES

## PICK UP AIROPORT

We welcome you in a personalized way at the airport with a private vehicle adapted to your needs (from 1 to 15 people).

## SCOOTERS AND CARS RENTALS

We put at your disposal scooters and cars that can be rented by the day.

## A SERVICE CLOSE TO THE 5 STARS

A team at your disposal 24 hours a day. Free Wifi, daily cleaning, on-site service: massages, exchange office, transfers, a la carte drivers, laundry...



## 5. UNIQUE EXPERIMENT

This new form of travel allows you to learn more about yourself, but also to push your limits and enjoy new experiences: whether it be **sports, cultural or wellness:** yoga, meditation, pilates, surfing, dance, Balinese cooking classes, traditional massage, etc.

A wide choice of activities is available to satisfy your **desires** and in order to make you in **total immersion** in the **balinese life and culture.**





# 6. OUR RETREATS

Start from 970€



## YOGA

Bali is the perfect destination to practice Yoga. In this workshop you will be able to start or perfect your yoga. Yoga courses are available all year round and at all levels.



## SURF YOGA

Why not combine well-being and sensations? Between sport multi-sliding and yoga, this course is for all levels if you want to start or improve. Live an unforgettable stay with daily sessions of surfing and yoga.



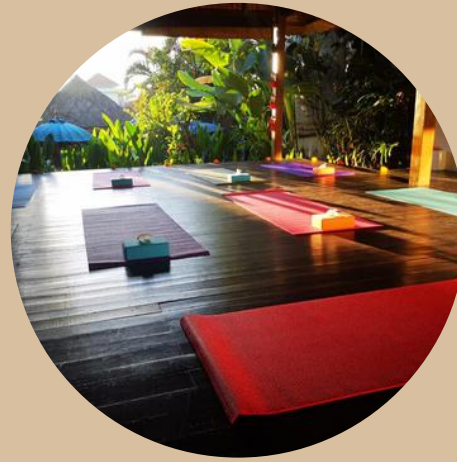
## YOGA AND DETOX

A week of sports and detoxifying stay in an idyllic setting. If you want to get back on track or just want to cut yourself off from the world, this course is for you.

A course based on daily detoxifying yoga sessions, healthy meals, meditation and relaxation.

# 6. OUR RETREATS

Start from 970€



## TIME FOR ONESELF

You will rediscover the pleasures of simple life, the joy of discovering activities close to nature, the happiness of rediscovering your body, really letting go and sharing real moments of emotion.



## EXTREME

Bali is also a destination for adventurers in search of thrills. We are thinking of you! An experience based on: surpassing oneself or for thrill seekers.



## ONLY GIRLS

Come and discover our "ONLY girls" retreat where activities are offered for a sensational trip surrounded by your best friends.



# 7. OUR ACTIONS

---

## Support for the Yappenatim Orphanage

For 10 years, we have been committed with **Couleur Bali, Marine's Smile** and **Les Enfants du Monde** to provide monthly food and sanitary products to **165 children** in the **Yappenatim orphanage** near Ubud.

We also contribute to their **education** by sponsoring some children to attend university. We support them on various levels : **construction** of dormitories, a henhouse and a fish pond, purchase of **computer equipment, gardening, cooking, music** and **sports**. We collect **medicines** left by our customers and redistribute them to the children... Every year ends with an outing to the ocean to dedicate a **leisure day** to them !



# 7. OUR ACTIONS

## Environmentally friendly stays

To reduce its environmental impact, United Colors of Bali is committed to developing its actions in a responsible way to protect our planet.

**The objective? Raise awareness, protect, recycle, commit.**

- **Plastic:** plastic waste sorting program, no plastic bottles but we encourage everyone to use water bottles.
- **Cleaner:** use of a rainwater collection system, use of organic detergents, etc.
- **Natural products:** our furniture and decoration are made from natural products (bamboo, wood, straw...), sale of ecological and natural products such as non-chemical mosquito repellents, natural massage oils...
- **Energy:** fans are provided in each bungalow to avoid the use of air conditioning.

# 8. OUR PRICES

The prices indicated are prices from, given as an indication because they vary according to the season

## Accommodations :

**Dormitory** : 160 000 Rp/nuit (10€)

**Bungalow** : 650 000 Rp/nuit\* (40€)

**Villa** : 1 050 000 Rp/nuit\* (65€)

**Joglo** : 1 400 000 Rp/nuit\* (85€)

\* including breakfast

## Services :

**Airport pick-up** : 320 000 Rp/shuttle (20 €)

**Airport drop-off** : 270 000 Rp/shuttle (16 €)

**Scooter rental** : 70 000 Rp/day (4,3 €)

**Car rental**: 260,000 Rp/day (16 €)

**Vehicle with French-speaking driver** :

1 050 000 Rp/day (65 €)

**Vehicle with English speaking driver** :

750 000 Rp/day (46 €)

**Extra bed** : 200 000 Rp/night (12 €)

**Laundry service** : 5000 Rp/ clothes (0,40 €)

## Spaces :

**Yoga class (outside the program)** : 150 000 Rp (9 €)

**Qi Quong session** : 100,000 Rp (6 €)

**Tai Chi session** : 100,000 Rp (6€)

**Fitness center** : 50 000 Rp(3 €)

## Spa :

**Balinese massage** :

- 1h : 180 000 Rp (11 €)

- 1h30 : 200 000 Rp (12,5 €)

**Facial** : 1h : 200 000 Rp (12,5 €)

**Manicure or pedicure** : 140 000 Rp (9 €)

**Manicure and pedicure** : 250 000 Rp (15,5 €)

**Reflexology** : 1h30 : 250 000 Rp (15,5 €)

## Reiki :

1h : 320 000 Rp (20 €)

## Healer :

1h 550 000 Rp (34 €)

# 8. RESORT'S LOCATION

## Nearby

**3 min** from the major road that leads to Seminyak, Kuta, Ubud and Tanah Lot

**40 min** from the Airport

**10 min** from the beaches of Echo Beach, Batubelong or Pantai Brawa

**15 min** from tourist areas such as Seminyak and Oberoi

**5 min** from local shops where you will find the best shops and restaurants

## Starting point for excursions

**15 min** from Tanah Lot

**20 min** from Seminyak

**25 min** from Kuta Legian

**1h** from Ubud

**1h** from Sanur

**1h** from Klungkung

**1h30** from Kintamani

**2h30** from Lovina

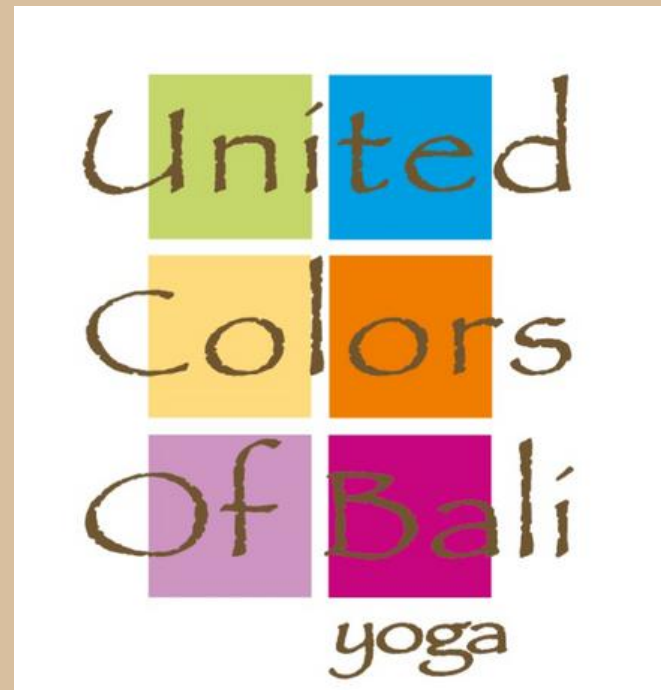
**2h30** from Amed

Points of interest



# CONTACT US

## UNITED COLORS OF BALI YOGA



### Group of companies

United Colors of Bali Yoga

United Colors of Gili – United Colors of Bali

WhatsApp : +62 82 144 145 012

 @unitedcolorsofbali\_yoga

 United Colors Of Bali Yoga

Email : [unitedcolorsofbali@gmail.com](mailto:unitedcolorsofbali@gmail.com)

[www.united-colors-of-bali.com](http://www.united-colors-of-bali.com)

